

HAMILTON CANADA DAY MEET FRIDAY JULY 1st, 2016

100M

OPEN WOMEN

Myriam Beaupre-Jacques 14.86 heats 15.39 final **NEW PB** 4th

OPEN MEN

Chance Newell 11.22 heats 11.37 final **3rd**

400M

OPEN MEN

Chance Newell 50.50 **2nd**

3000M

OPEN WOMEN

Myrian Beaupre-Jacques 14:54.78